Name of clinic: Centro de Soibada Observation Date: 4/10/23

Location: Manlala

#### Estimated population of community serving:

#### Demographic (Ages, Sex)

In last seven months have seen all ages without a standout age group. Reported by travelling nurse.

#### Top three diseases

- 1. Respiratory
- 2. Fever
- 3. Diarrhoea

Number of people seen in clinic per day More on Monday – all ages present. Could not be specific	Number of beds available 2
Suco's serving:	

Primarily Manlala but all sucos referred patients in the event of a more emergent medical incident.

#### Healthcare professionals

Doctor	Nurse
No doctor for 7 months	3 x permanent nurse 1 x travelling nurse
Midwife	Allied
2 midwives who work in maternity clinic	4 public health (two of whom are travelling) 2 lab technicians and 1 lab assistant.

#### Additional Note Space:

It was found that the new Doctors who were working in Soibada in July (on the mid-year trip) had
been called to Dili to work in Dili hospital.

#### Services Offered

A = Applicable, NA = Not applicable

**Consultation with MO: NA** 

**Laboratory: A** 

#### **Laboratory capability:**

Malaria	
HIV	
Haemoglobin	
UA	

#### **After Hours Capacity:**

Clinic normal operating hours: 0800-1200 – Break – 1400-1700.

What are the after-hours capabilities? Ambulance in working condition

#### Pharmacological:

(Place a line through medications not available anymore. Add additional medications in spaces provided)

Adrenalin	Lidocaine
Amoxicillin	Magnesium Supplement
Carbamezapine	Metoclopramide
Cloxacillin	Omeprazole
Diclofenac	Oxytocin
Erythromycin	Paracetamol
Furosemide	Prednisolone
Gentamicin	Salbutamol
Griseofulvin	Spironolactone
Hydrochlorothiazide	Trimoxazole
Hydrocortisone	Valproic acid
Hysoscine butylbromide	Zinc Sulphate
Ibuprofen	
DID not get the opportunity to assess medications	
<u>available</u>	

### Capability

Triage  Would see nurse when first arriving to hospital.  Basic vitals taken during this time.	General consultation  Most prevalent diseases  Nil doctor available  Resp, fever and diarrhoea are the most common disease processes.
Maternity Maternity clinic still functioning.	Family planning Continuing although completed by the nurses without MO input. Unsure if more complex procedures like IUD insertion are operating.
Paediatric  Cough Fever Diarrhoea  Venepuncture and IV therapy Venepuncture and IV therapy are available	Suture and Lac repair (Describe cleaning equip and state of equip) Equipment is in poor repair. Still have suture packs that were given last time. Nurse performs wound closure Nebuliser NA
Oxygen 4 small cylinders 2 large cylinders	Vaccination Continuing as per 2022.
Other Nil	

#### Administration

Information collection same as 2022.

### Reporting of data to ministry of health

Reporting occurs once a week with a large report monthly. The report includes details of stocks and requests for stocks. Supplies are meant to once a month but often times not delivered due to lack of stock in Dili.

# Sanitation and waste disposal

Sharps container Have yellow sharps containers.	Sharps disposal and disposal medical waste Bury the contents of full containers.
Autoclave Have an autoclave, in maternity clinic. In poor repair.	Refrigerator Maternity clinic has refrigerator for vaccinations.
Washing machine Nil washing machine	Access to water Water access is good. New hand washing station built by WHO is now functional. See fig 1.
Electricity Good access to electricity although during blackouts are without until source generator through community.	PPE Running out of PPE, often have to source extra supply from Manututu.

# Emergency

Protocols	Code blue (what happens in event?)
The travelling nurse was unable to describe a set emergency protocol.  The nurse did state that they would check up on the patient and if found that they could not manage the patient appropriately they would refer to Dili or Manututu.	The nurse was unable to give a good description of what would happen in a code blue. Without services available for quick management of cardiac arrest, mortality is likely near 100%.
Services for Emergency	Vital equipment (cross out if not available).  Sphygmomanometer Stethoscope Heart rate Temperature probe Saturations

# Requests for Equipment (top four requests)

Nebuliser (electricity powered)	Stretcher
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#### Additional commentary:

The nurse and the head of health state that there is limited bed availability in the clinic. Currently they have two beds.
The head of health and the nurse are requesting a stretcher that would be able to carry people from a remote place to the ambulance or clinic.
The head of health also mentioned their need for a gazebo to use as a remote clinic in community events (like the yearly pilgrimage).

Name of clinic: Salau Health Post

**Observation Date:** 5/10/23

Location: Salau Health Post

Estimated population of community serving: 642 (per data from 2022)

#### Demographic (Ages, Sex)

Every age is seen frequently, the doctor was unable to give me a most prevalent age group.

#### Top three diseases

- 1. Respiratory
- 2. Diarrhoea
- 3. Dermatitis Scabies
- 4. Hypertension

Number of people seen in clinic per day	Number of beds available
Roughly two per week	one
108 seen in 2022	
Suco's serving:	
642 total population.	

#### Healthcare professionals

Doctor	Nurse
1 x doctor	1 x Nurse
	1 x assistant nurse
Midwife	Allied
1 x midwife	1 x public health (contract)

#### Additional Note Space:

Salau health post is the only post that has a doctor.

Name of clinic: Manu Fahe Health post

**Observation Date:** 9/10/23

**Location:** Manu Fahe

**Estimated population of community serving: 526** 

#### Demographic (Ages, Sex)

Age group 18-45 is most common.

#### Top three diseases

- 1. Diarrhoea
- 2. Fever -> cold and flu
- 3. Hypertension

Number of people seen in clinic per day	Number of beds available
10	4
Suco's serving:	

#### Healthcare professionals

Doctor	Nurse
	1 x nurse – contract nurse
No doctor	1 x assistant nurse
Midwife	Allied
1 x permanent	1 x public health contract
1 x contract	

#### Additional Note Space:

The doctor went to Dili in March. They were moved to Dili on governmental order.

Name of clinic: Tasi Fatin Health post

**Observation Date:** 6/10/23

**Location:** Tasi Fatin

Estimated population of community serving: 300

### Demographic (Ages, Sex)

19-45 yrs is the most common age group.

Top three diseases

- 1. Diarrhoea
- 2. Respiratory infection
- 3. Scabies

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### Healthcare professionals

Doctor	Nurse
Nil doctor. They passed away recently.	1 x Nurse
Midwife	Allied
2 x midwife	Nil

Additional Note Space: